



AUSTRALIAN FRESHWATER MURRAY COD

Responsibly Farmed. Exceptionally delicious.



[AQUNA.com](https://aquna.com)



Ask for Aquna and experience our premium Murray cod



Produced in regional NSW, Australia.

Our fish is responsibly farmed in the Riverina's Murray Darling Basin by Australian growers, combining science and innovative farming practices to produce premium Murray cod, harvested and in market within 48 hours.



Versatile.

The pale, white fillet has a large flake and relatively high fat content that can withstand tough cooking conditions. A truly versatile fish, both raw and cooked, Aquna Murray Cod is perfect pan seared, baked, battered, steamed or grilled, and works beautifully across a wide range of recipe styles.



Responsibly farmed.

Our fish is responsibly farmed in ponds across the Murray Darling Basin, its native environment. Our farming practices focus on efficient water use, restocking native waterways and achieving zero organic waste.



Great-tasting.

With a delicate, sweet flavour and firm texture, Aquna Murray Cod is a great-tasting fish featuring incredible, crispy skin when pan-fried.



A nutritious alternative.

Packed full of vitamins and minerals, Aquna Murray Cod is bursting with health benefits. A low-energy source of protein our white-fleshed fish is also known as being a healthy source of good fats.

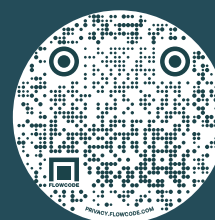


Consistent supply.

We harvest each week to produce a reliable, consistent and ongoing supply of Aquna Murray Cod for chefs and consumers to enjoy.



Wondering how to cook Aquna Murray Cod?



Start cooking Murray cod: aquna.com/recipes

scan here for recipe ideas →



Take a tour of our farms

Discover the NSW Riverina region where we responsibly farm premium Murray cod in its native environment. Learn more about our innovative farming practices, traceability, and hear from chefs about why they choose Murray cod for their menus.

For more information or to place an order, please contact your Aquna Murray Cod wholesaler or representative.



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